

Healthier Members, Better Outcomes

Essential vs Complete

Population Health Management from EVHC helps members manage chronic conditions by encouraging better behavior choices and building healthier habits. Using advanced analytics tools, we identify members with chronic conditions and provide proactive outreach through various health coaching models – saving members, and their employers, money. Choose from two program levels – Essential or Complete:

	Essential	Complete
myHealthCenter Health Assessment, Personal Health Record, Self-Directed Resources, myHealthCenter mobile app	✓	✓
Member Communication and Outreach Member Notification, Gaps-in-care/ Preventive Letters	✓	✓
Health Coaching & Wellness Coaching Telephonic Coaching, Digital Coaching, Group Coaching, Chronic Condition Identification and Management. Wellness Support and Tools	6 Conditions	19 Conditions
myRewards* Incentive tracking, Fulfillment, Reward center	✓	✓
Biometric Services Biometric Screening, Actionable Insights into Current Health	Available Add-on	Available Add-on

*myRewards is included in Essential and Complete program levels, and implementation is optional. For clients who decide not to implement myRewards, there is no credit issued for the option not being utilized.

Monitored Conditions

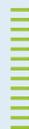
To help meaningfully improve the health of vulnerable members, we offer specialized support for an array of chronic conditions. The six chronic conditions that are monitored under the Essential program have been recognized as major cost drivers for medical spend. When employers choose the Complete program, they introduce monitoring for an additional 13 conditions.

	Essential	Complete
Chronic kidney disease	✓	✓
Chronic obstructive pulmonary disease (COPD)	✓	✓
Congestive heart failure	✓	✓
Coronary artery disease	✓	✓
Diabetes	✓	✓
High Blood Pressure	✓	✓
Asthma	--	✓
Chronic neck and back pain	--	✓
Chronic hepatitis – B and C	--	✓
Depression	--	✓
End stage renal disease	--	✓
High cholesterol	--	✓
Migraines	--	✓
Osteoarthritis	--	✓
Rheumatoid arthritis	--	✓
Seizures	--	✓
Systemic lupus erythematosus	--	✓
Ulcerative colitis / IBD / Crohn's	--	✓
Weight management (BMI>40)	--	✓

Why focus on vulnerable members?

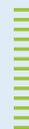
\$27.49

in cost savings per identified member per month



20%

reduction in inpatient costs for identified members



3.6:1

return on investment

Statistically significant results per Lifestyle and Condition Coaching (LCC) program year two follow-up study (October, 2020), ActiveHealth Management, Inc. Study group included commercial members identified for the LCC program in 2018 and 2019 – 14,077 members for the year two analysis. Third party validation by Validation Institute. Services are provided by ActiveHealth Management, Inc. ActiveHealth programs, care team and care managers do not provide diagnostic or direct treatment services. ActiveHealth programs assist members in getting the care they need, and are not a substitute for the medical treatment and/or instructions provided by member's health care providers.

Because the benefits, programs, services, member incentives, list prices and reimbursement rates vary significantly among health plans, the impact and total savings related to the Lifestyle and Condition Coaching program may vary by plan, and implementation of the program with a particular plan may not result in total cost savings or similar results.

To learn more about Population Health Management, talk to your EVHC sales executive or client manager today.

