

Support for Pregnancy, Parenting, and Menopause

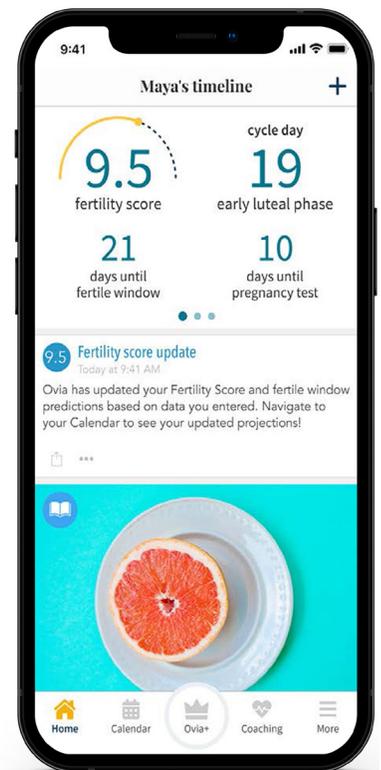
From fertility through pregnancy, parenting and menopause, EVHC offers a suite of women's and family health education, coaching, and support solutions to help reduce costs and improve outcomes.



Ovia Health Apps

These digital solutions deliver real-time, personalized guidance with educational articles and videos, health tips, in-app and telephone coaching and more.

- **Ovia**® features a fertility tracker, ovulation calculator, cycle calendar and menopause support when the time comes. Members can also use Ovia® to monitor their pregnancy and baby's growth each week. It also shares clinical information with EVHC's case management team in cases where members are identified as experiencing a high-risk pregnancy.
- **Ovia Parenting**® helps chart a child's developmental milestones and includes a feature for logging daily feedings, diaper changes and sleep patterns.



Ovia Health is an independent company that has contracted with EVHC to provide the Ovia Health program for members of self-funded medical benefit plans administered by EVHC. EVHC make no endorsements, representations or warranties regarding third-party vendors and their products and services offered by them.

To learn more, contact your sales executive or client manager.

